



Vocabulary Progression Map

Below are the vocabulary lists for PSHE/RSE. These give an indication of the words that we want children to become familiar with during each key stage. They are not intended as a test list but show the kind of language staff will use and explain in lessons to broaden pupils' PSHE/RSE vocabulary and understanding.

| | Being Me in My World | Celebrating Difference | Dreams and Goals | Healthy Me | Relationships | Changing Me |
|-------------|--|---|---|--|---|---|
| EYFS | Myself Feelings Being gentle Rights Responsibilities | Talents Families Home Friends Standing up for myself | Challenges Perseverance Jobs Help | Exercise Healthy food Physical activity Sleep Clean | Family life Friendship Falling out | Bodies Respecting my body Fun Fears Growth |
| Y1 | Special Safe Community Consequences Rewards | Similarities Differences Bullying Celebrating | Success Achievement Learning styles Overcoming obstacles | Medicine Medication Road safety | Belonging Physical contact Preferences Celebrations | Life cycles (animal/human) Male Female Changes |
| Y2 | Hope Fear Fair Valuing Contributions Choices | Assumptions Stereotypes Gender Gender diversity | Realistic Strengths cooperation Contributing | Relaxation Nutrition Lifestyle | Boundaries Secrets Trust Appreciation | Life cycles (plants) Young Old Independence |
| Y3 | Goals self-worth Positivity Challenges Perspectives | Diverse families Family conflict Child-centred Compliments Witness Solutions | Ambitions Enthusiasm Managing feelings Budgeting | Food labelling Healthy choices Online safety Offline safety | Roles Negotiation Diverse lives Impact | Internal External Needs |
| Y4 | Democracy Motivation Class Citizen Voice Peer pressure | Judgment Appearance Acceptance Influences Impressions | Disappointment Overcoming Resilience Positive attitude | Healthy friendships Smoking Alcohol Inner strength Assertiveness | Jealousy Love/loss Memories Girlfriends Boyfriends | Being unique Body changes Transition Accepting change Having a baby |
| Y5 | Aspirations National citizenship Conflict Vote Participation | Cultural diversity Racism Rumours Material wealth Respecting culture | Financial success Long-term Charity | Vaping Emergency aid Body image Relationships with food Healthy choices | Self-recognition Self-esteem Online communities Gaming Gambling Grooming | Self-image Media influence Puberty Conception IVF |
| Y6 | Global citizenship Children's Universal Rights Group dynamics Role-modelling Anti-social behaviour | Perceptions of normality Disability Empathy Inclusion Exclusion | Success criteria Recognition Evaluating | Personal responsibility Substances Exploitation County Lines/Gangs Managing stress | Mental health Sources of support Control Power | Body image Physical attraction Consent Sexting |

At Hopton CEVC Primary School we live out the words of Jesus in Matthew 19 vs 26 'With God all things are possible'. We raise aspirations and encourage perseverance to reach goals in life and learning